

## ACT 248 INFO

### WHAT DOES ACT 248 DO?

Act 248 authorizes a State Criminal Court to civilly commit a person with an intellectual disability, who is a continuous risk of significant harm to others, into the custody of the Commissioner of the Department of Disabilities, Aging, and Independent Living (DAIL).

### WHY WAS ACT 248 ENACTED?

Act 248 was adopted in 1987 to address a hole in the law. At the time, Vermont law authorized civil commitment of an individual with an intellectual disability only if the person was a danger to himself. Thus, when criminal charges were dismissed against an individual found incompetent to stand trial based on an intellectual disability, the court had no option but to let him/her go free. If the person did not agree to voluntary treatment, then no changes were affected to address the likely reoccurrence of dangerous behaviors. ACT 248 provided a way for courts to protect public safety by committing individuals found incompetent to community programs which are charged with providing supports to help address a person's public safety risks.

### ARE THERE ANY QUALIFICATIONS ON THE SCOPE OF ACT 248?

Yes. To be committed under Act 248, a person must:

- Have a qualifying intellectual disability
  - significantly subaverage intellectual functioning: an IQ of approximately 70 or below on an individually administered IQ test
  - concurrent deficits or impairments in present adaptive functioning
  - onset before 18 years
- Present a danger of harm to others, i.e., be a person who has engaged in any of the following:
  - Sexual assault
  - Lewd and lascivious conduct with a child
  - Inflicting or attempting to inflict serious bodily injury upon another person

### WHO STARTS AN ACT 248 PETITION?

Typically, an Act 248 petition is started by the state's attorney once a person has been found incompetent to stand trial due to a developmental disability. Next the court orders the Commissioner of DAIL to have the person reviewed for eligibility and a support agency is identified. The support agency then develops a support plan with the person, support funding from the state plan is received and the person is placed onto Act 248. DAIL may request additional evaluation of the person if eligibility is questionable. These may include:

- A psychological assessment to determine whether the person has a qualifying IQ and/or adaptive functioning deficits.
- A psychosexual evaluation to determine whether the person presents a danger of harm to others and to assess the nature of the risk.
- Recommendations for custody, care, and habilitation of the person.

### **WHAT HAPPENS IF A PERSON IS COMMITTED UNDER ACT 248?**

The designated community developmental services agency begins to support the person in the community.

The Developmental Disabilities Services Public Safety Specialist or a Guardianship Services Specialist (GSS) is assigned. The PS Specialist or GSS functions as the Commissioner's representative. S/he works with the agency and the committed person to design an appropriate program which will reduce the risk to public safety. A typical program for a person under Act 248 provides 24-hour-a-day supervision and

- Residential support
- Arms-length or eyes-on supervision when the person is outside his/her home
- Education and day activities
- Employment support and supervision
- Respite
- Individual therapy as needed
- Group therapy as needed (alcohol treatment, sex offender therapy, anger management)
- Psychiatric and other medical services
- Family training and support
- A case manager/service coordinator who ties it together

### **ARE THE RIGHTS AND STATUS OF A PERSON UNDER ACT 248 DIFFERENT FROM THOSE OF OTHER PERSONS SERVED BY DEVELOPMENTAL SERVICES AGENCIES?**

Yes. The person may not refuse restrictions, or a placement designed to protect the public or specific vulnerable people. If restrictions appear to be insufficient to protect public safety, the Commissioner has the authority to increase the restrictions. Examples of restrictions which have been added for the purpose of protecting public safety in individual situations are:

- Alarms on windows and doors
- Awake overnight supervision
- Restricting the person's access to settings where children may be present
- GPS tracking bracelets

If the person leaves the program, the police may be called and are authorized to pick up the person and return the person to the program.

### **WHAT RECOURSE EXISTS IF THE PERSON REFUSES TO COOPERATE IN TREATMENT?**

The possibilities of recourse include:

- Redesigning the program
- Change of residence
- More intensive therapy or supervision
- More restrictions to protect public safety

*Sending the person to jail is not an option, unless the offender is arrested for a new crime.*

### **IS ACT 248 A LIFE SENTENCE?**

No. The law explicitly provides for an annual judicial review of whether the person is still "in need of custody, care, and habilitation." Several previously committed persons have successfully reduced their risk to the public and have been discharged. It is up to each individual, and their agency support teams, to continuously address these risky behaviors until discharge has been granted by the Court.