

## SAMPLE SIS-A Report Cover Sheet

The SIS-A for Juniper Jane Doe was completed using scores from real respondents and using fictitious demographic information. This SIS-A is for **informational purposes only** and should not be used as a guide when you are a respondent for an actual SIS-A. This SAMPLE SIS-A report shows you what you will receive once the SIS-A has been completed.

The SAMPLE SIS-A report shows items that are important to and for the individual being assessed and the types of information from the respondents the SIS-A Assessor documents in the SIS-A.

**Do not prescore** the SIS-A as there are scoring considerations for each item; what is included and what is not included. Coming to a SIS-A meeting with pre-determined scores will not allow for productive conversations and the SIS-A could take longer to complete and not be an accurate reflection of the individual's support needs.

Each SIS-A is scored based on the support needs of the individual being assessed and each person is different and has different support needs. Although people may seem similar in functioning level they most often will score differently as their support needs are specific to them.

## Family-Friendly Report (SIS-A)

Confidential Interview and Profile Results for the Supports Intensity Scale Adult Version™ : SIS-A™

### Person Being Assessed:

**Last:** Doe  
**First:** Juniper Jane  
**Middle:**  
**Language Spoken at Home:** English  
**Gender:** F  
**Address:** 1343 Brookings Drive  
**City:** Woodstock  
**State/Province:** VT  
**Zip Code:** 05091  
**Phone:** (555)555-0012  
**D.O.B. (mm/dd/yyyy):** 12/10/1989  
**Age:** 32  
**Tracking Number:**  
**Client Id:**  
**Medicaid Number:** 01234567  
**SSN:** \*\*\*\*\*5309

### Assessment Data:

**Interview Date (mm/dd/yyyy):** 01/19/2022  
**ISP Begin Date:**  
**SIS ID:** 1644498  
**Reason for Assessment:** First SIS  
**Individual Participation:** All of

### Interviewer Data:

**Interviewer:** Lori Williams  
**Position:**  
**Agency/Affiliation:** PCG  
**Interviewer Address:** 148 State St  
 Boston, MA, 02109  
**Phone:** (615)983-5336 **Ext.:**  
**Interviewer Email:** lwilliams@ pcgus.com

### Case Manager Detail:

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### Support Providers - Essential supports for this individual are being provided by the following

Name	Relationship	Phone	Ext.
Residential R Us	Residential Agency	(555)555-0112	
ACME Day Habilitation, Inc.	Day Program Agency	(555)555-0311	
Imaginary Clinic, LLC	Behavioral Spec. Agency	(555)555-1234	
Ayn Kilby	Service Coordinator	(555)555-0077	

### Respondent Data - Information for the SIS ratings was provided by the following respondents

First Name	Last Name	Relationship	Agency	Email	Language
Stephanie	Plum	residential_service_manager	Residential R Us	splum@residentialrus.com	
Sue	Grafton	guardian	APPR	sueg@appr.org	
Juniper	Doe	self	None	None	
Ayn	Kilby	services_coordinator	AAA Agency	a.kilby@aaaagency.org	

### Person who entered this information:

**First Name:** Lori  
**Last Name:** Williams

**Other Pertinent Information** - This is a SAMPLE SIS-A for informational purposes only. This SIS-A is derived from a real SIS-A scores using fictional

**Introduction to the SIS Report:**

The Supports Intensity Scale Adult Version (SIS-A) profile information is designed to assist in the service planning process for the individual, their parents, family members, and service providers. The profile information outlines the type and intensity of support the individual would benefit from to participate and be successful in his or her community. The SIS-A profile report is best applied in combination with person-centered planning to achieve the desired outcome in creating individual goals.

## Rating Key for Sections 2 and 3

This describes the rating for Type of Support, Frequency and Daily Support time for each of the six areas discussed in your SIS-A profile

Type of Support	Frequency	Daily Support Time
<p>What help do you need to do the (item) on your own or by yourself</p> <p>If engaged in the activity over the next several months, what would the nature of the support look like?</p> <p>Which support type dominates the support provided?</p>	<p>How frequently is supported needed for this activity?</p>	<p>If engaged in the activity over the next several months, in a typical 24-hour day, how much total, cumulative time would be needed to provide support?</p>
<p><b>0 = None</b> No support needed at any time</p> <p><b>1 = Monitoring (reminders). For example</b>                      * Encouragement, general supervision                      * Checking in, observing, telling, &amp;/or giving reminders to complete the activity                      * Asking questions to trigger the individual to complete steps within the activity</p> <p><b>2 = Verbal/Gesture Prompting (demonstration). For example:</b>                      * Step by step instruction                      Walking a person through required steps                      * Providing visual prompts, showing                      * Modeling, teaching, role play, social stories</p> <p><b>3 = Partial Physical Assistance (help through doing). For example:</b>                      * Individual participates in some parts of the activity                      * Some, essential steps are required to be completed for the person</p> <p><b>4 = Full Physical Support (doing for). For example:</b>                      * All essential steps need to be completed for the person</p>	<p><b>0 = None or less than monthly</b></p> <p><b>1 = At least once a month, but not once a week</b></p> <p><b>2 = At least once a week, but not once a day</b></p> <p><b>3 = At least once a day, But not once an hour</b></p> <p><b>4 = Hourly or more frequently</b></p>	<p><b>0 = None</b></p> <p><b>1 = Less Than 30 Minutes</b></p> <p><b>2 = 30 Minutes to Less Than 2 Hours</b></p> <p><b>3 = 2 Hours to Less Than 4 Hours</b></p> <p><b>4 = 4 Hours or More</b></p>

## Section 2. Supports Needs Index

<b>2A. Home Living</b>				
Item	Type of Support	Frequency	Daily Support Time	Total Score
5. Preparing food	3 - Partial Physical Assistance	3 - At Least Once a Day, But Not Once an Hour	2 - 30 Minutes to Less Than 2 Hours	8
Juniper is in the process of learning to cook. She can make some simple food items. Support will work with Juniper on cooking, but she will walk away leaving support to finish the cooking. Support has tried to walk Juniper through the process, but she loses interest and will not return.				
8. Housekeeping and cleaning	3 - Partial Physical Assistance	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	7
1. Operating home appliances/electronics	2 - Verbal/Gesture Prompting	3 - At Least Once a Day, But Not Once an Hour	1 - Less Than 30 Minutes	6
Juniper enjoys watching TV/movies on streaming services and will need to be walked through how to get to a specific streaming service and how to find the movie or TV show. Support will need to provide step-by-step-directions.				
6. Eating Food	1 - Monitoring	3 - At Least Once a Day, But Not Once an Hour	2 - 30 Minutes to Less Than 2 Hours	6
7. Taking care of clothes (includes laundering)	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
Support will need to give Juniper step-by-step directions or modeling with doing her laundry, folding/hanging, and putting them away.				
2. Bathing and taking care of personal hygiene and grooming needs	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
3. Using the toilet	1 - Monitoring	3 - At Least Once a Day, But Not Once an Hour	1 - Less Than 30 Minutes	5
4. Dressing	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5

**2B. Community Living**

<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
6. Shopping and purchasing goods and services	3 - Partial Physical Assistance	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	7
Juniper will need support with grocery shopping: identify the items needed, create shopping list, obtain items from shelves and make the purchase. Juniper is able to make small purchases such as snacks and food from fast food places.				
2. Participating in recreation/leisure activities in the community	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
3. Participating in preferred community activities (church, volunteering, etc.)	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
1. Getting from place to place throughout the community (transportation)	1 - Monitoring	3 - At Least Once a Day, But Not Once an Hour	1 - Less Than 30 Minutes	5
Support will need to remind Juniper to utilize GPS when going to community settings and not to be on her phone while driving. Juniper will need reminders to focus on driving and pay attention to other cars.				
7. Interacting with community members	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper will need prompting to limit her questions, to stay on topic, and not to ask personal questions. At times, support will need to initiate or facilitate the conversation for Juniper. She is very social and wants to get to know people.				
8. Going to visit friends and family	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
4. Accessing public buildings and settings	1 - Monitoring	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	4
Support will need to remind Juniper of the room she will need to access, rules of the setting, what time the setting closes, and only be in the areas that are for everyone.				
5. Using public services in the community	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	4

<b>2C. Lifelong Learning</b>				
<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
2. Learning functional academics (reading signs, counting change, etc.)	3 - Partial Physical Assistance	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	6
8. Interacting with others in learning activities	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
9. Using technology for learning	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
Support will need to verbally direct Juniper through using a computer to complete her assignments on prescribed sites.				
1. Learning and using problem-solving strategies	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper will need support to work with her on solving problems that arise. She can recognize minor issues (misplaced keys, wallet, phone) but often needs others to help her with bigger problems such as having conflict with a friend, reschedule missed appointment, and understanding consequences. Support will need to work through issues with Juniper to solve the issue.				
3. Learning health and physical education skills	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
4. Learning self-determination skills	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper will need lots of verbal directions with stating her goals and steps needed to work towards the goal. Support will need to roleplay with Juniper and provide additional ways to work towards her goal.				
5. Learning self-management strategies	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
6. Participating in training/educational decisions	3 - Partial Physical Assistance	0 - None or Less Than Monthly	2 - 30 Minutes to Less Than 2 Hours	5
Juniper can state what she wants to learn but does not have follow-through. Support will need to find different options and enroll Juniper into the class/workshop of her choice.				
7. Accessing training/educational settings	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5

<b>2D. Employment</b>				
<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
3. Interacting with coworkers	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
Juniper is very social so she will need prompting throughout her work shift to not socialize too much and to work on completing her assigned tasks. She will also need prompting to ensure she is not asking personal questions and not talking about things that are not appropriate for work.				
5. Completing work-related tasks with acceptable speed	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
6. Completing work-related tasks with acceptable quality	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
Juniper will need verbal prompting to complete all the steps for each task and to correct any issues that would lead to work mistakes. Juniper will need support to talk her through on using the correct materials at work.				
1. Learning and using specific job skills	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	2 - 30 Minutes to Less Than 2 Hours	5
Juniper will need new employee training and will also need additional support to continue to provide verbal directions on what steps she needs to complete her assigned tasks at work. Juniper needs lots of repetition not to forget what she is supposed to do.				
7. Changing job assignments	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	2 - 30 Minutes to Less Than 2 Hours	5
8. Seeking information and assistance from an employer	3 - Partial Physical Assistance	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	5
4. Interacting with supervisors/coaches	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	4
2. Accessing/receiving job/task accommodations	2 - Verbal/Gesture Prompting	0 - None or Less Than Monthly	1 - Less Than 30 Minutes	3

<b>2E. Health and Safety</b>				
<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
1. Taking medications	3 - Partial Physical Assistance	3 - At Least Once a Day, But Not Once an Hour	1 - Less Than 30 Minutes	7
8. Maintaining emotional well-being	2 - Verbal/Gesture Prompting	3 - At Least Once a Day, But Not Once an Hour	2 - 30 Minutes to Less Than 2 Hours	7
Juniper needs support with keeping her emotions stable throughout the day; she can often get too excited or anxious. She gets very upset from things that happened in the past and support will need to talk her through these issues and help her to utilize de-escalation techniques and get her to move to something that she enjoys that will help relax her.				
3. Avoiding health and safety hazards	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper has limited community safety skills so support will need to demonstrate proper safety skills and prompt Juniper on recognizing potentially dangerous situations. Juniper will need prompts to lock the doors and not to give out personal information.				
4. Obtaining health care services	3 - Partial Physical Assistance	0 - None or Less Than Monthly	2 - 30 Minutes to Less Than 2 Hours	5
6. Maintaining nutritious diet	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
7. Maintaining physical health and fitness	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
2. Ambulating and moving about	1 - Monitoring	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	4
5. Learning how to access emergency services	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	4
Support will need prompt Juniper to call 911 in an emergency and give name, address, and details of the emergency. Also, safety drills will take place monthly.				



<b>2F. Social</b>				
<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
8. Engaging in volunteer work	3 - Partial Physical Assistance	1 - At Least Once a Month, But Not Once a Week	2 - 30 Minutes to Less Than 2 Hours	6
1. Using appropriate social skills	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
2. Participating in recreation/leisure activities with others	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
4. Making and keeping friends	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
5. Engaging in loving and intimate relationships	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Support will need to model appropriateness with partner and discuss the understanding of consent. Support will need to discuss personal boundaries and ways that Juniper could be taken sexually advantage of.				
7. Communicating with others about personal needs	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper will report any personal issues to anyone. Support will need to prompt Juniper to not discuss personal issues with strangers or others who do not need to know.				
3. Socializing outside the household	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	4
Juniper is very social and support will need to facilitate appropriate conversations and limit the number of questions she asks.				
6. Socializing within the household	1 - Monitoring	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	4

## Section 3. Supplemental Protection and Advocacy Scale

<b>Protection and Advocacy Activities</b>				
<b>Item</b>	<b>Type of Support</b>	<b>Frequency</b>	<b>Daily Support Time</b>	<b>Total Score</b>
7. Managing money and personal finances	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	6
Juniper has a rep payee for her SSI. Juniper has a separate bank account for her paychecks. Support will need to assist Juniper with checking for any unauthorized withdrawals from her account and with bill paying. Support will be able to talk Juniper through the process.				
1. Advocating for self	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
2. Making choices and decisions	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
Juniper can make small choices such as what to wear, what activities to do, but will need support with bigger decisions. Juniper is often influenced by others so support will need to work with Juniper on making choices that will benefit her.				
3. Protecting self from exploitation	1 - Monitoring	2 - At Least Once a Week, But Not Once a Day	2 - 30 Minutes to Less Than 2 Hours	5
Support will need to monitor Juniper to see if someone is trying to take unfair advantage and step in as needed.				
6. Obtaining legal services	3 - Partial Physical Assistance	0 - None or Less Than Monthly	2 - 30 Minutes to Less Than 2 Hours	5
If Juniper were to need an attorney, support will need to call round to find a competent attorney and schedule the appointment. Juniper would be able to state her perspective on the issue and support would need to do the same.				
8. Advocating for others	2 - Verbal/Gesture Prompting	2 - At Least Once a Week, But Not Once a Day	1 - Less Than 30 Minutes	5
5. Belonging to and participating in self-advocacy/support organizations	2 - Verbal/Gesture Prompting	1 - At Least Once a Month, But Not Once a Week	1 - Less Than 30 Minutes	4
4. Exercising legal/civic responsibilities	2 - Verbal/Gesture Prompting	0 - None or Less Than Monthly	1 - Less Than 30 Minutes	3

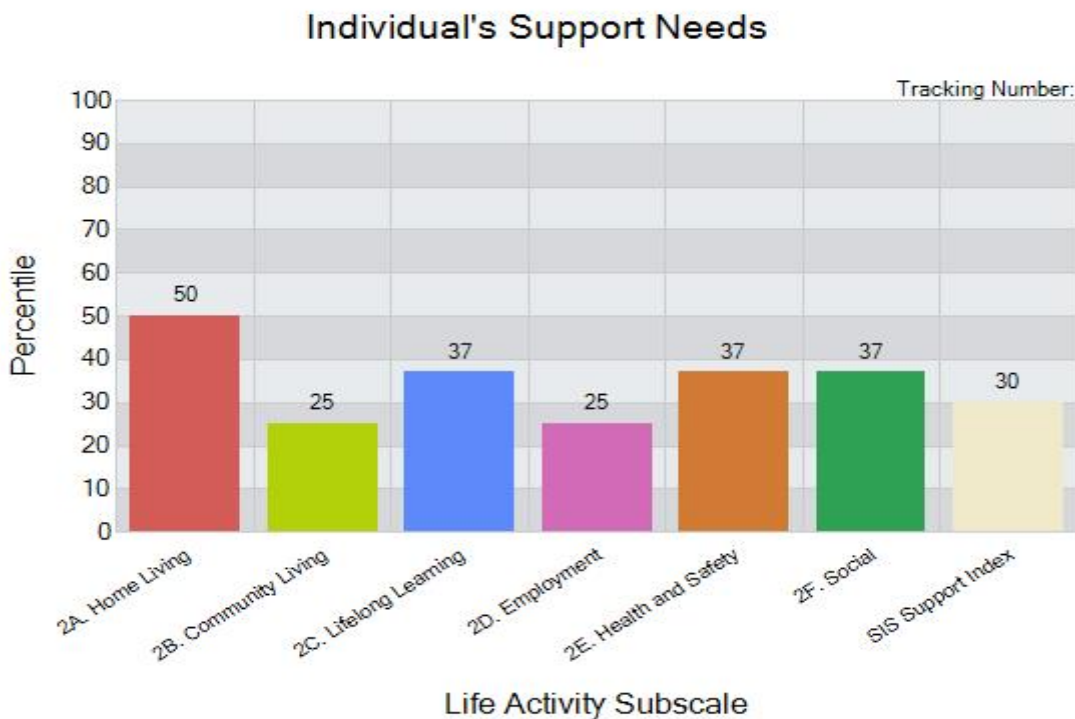
# Support Needs Profile - Graph

The graph provides a visual presentation of the six life activity areas from section 2.

The graph reflects the pattern and intensity of the individual s level of support. The intent of the graph is to provide an easy means to prioritize the lifeactivity areas in consideration of setting goals and developing the Individual Support Plan.

Activities Subscale	Total Raw Score	Standard Score	Percentile	Confidence Interval (95%)
2A. Home Living	48	10	50	9-11
2B. Community Living	42	8	25	7-9
2C. Lifelong Learning	48	9	37	8-10
2D. Employment	40	8	25	7-9
2E. Health and Safety	42	9	37	8-10
2F. Social	39	9	37	8-10
<b>Total:</b>	<b>259</b>	<b>53</b>		

**SIS Support Needs Index:** 92  
**Percentile:** 30



## Section 3: Supplemental Protection and Advocacy Scale

Protection and Advocacy Activities	Raw Score
Advocating for self	5
Making choices and decisions	5
Protecting self from exploitation	5
Exercising legal/civic responsibilities	3
Belonging to and participating in self-advocacy/support organizations	4
Obtaining legal services	5
Managing money and personal finances	6
Advocating for others	5

The support needs profile reflects the pattern and intensity of the individual s support. The information provided in sections 1, 2, and 3, can be beneficial in the development of the individual s support plan.

# Rating Key For Section 1

Type of Support		
0 = No Support Needed	1 = Some Support Needed	2 = Extensive Support Needed
<p>No support needed because the medical condition or behavior is not an issue, or no support is needed to manage the medical condition or behavior.</p>	<p>Support is needed to address the medical condition and/or behavior. People who support must be cognizant continuously of the condition to assure the individual's health and safety.</p> <p>For example:                      Checking in and observing                      Monitoring and providing occasional assistance                      Minimal physical/hands on contribution                      Support is episodic and/or requires minimal devoted support time</p>	<p>Extensive support is needed to address the medical condition and/or behavior.</p> <p>For example:                      Significant physical/hands on contribution                      Support is intense and/or requires significant support time</p>

Any rating of 2 in this area indicates an exceptional need with Medical conditions and/or Behaviors.

It should be noted that a high total score in section 1 clearly identifies additional support that is required for living safely in the community. The information from section 1 is considered separately from section 2.

Each item under Exceptional Medical and Behavioral is listed and presented from highest to lowest level of support.

Exceptional Medical and Behavioral key items are outlined and may be helpful in the development of the individual's support plan.

<b>Section 1A: Exceptional Medical Support Needs</b>		
<b>Item</b>	<b>Support Needed</b>	<b>Comments</b>
10. Protection from infectious diseases due to immune system impairment	2 - Extensive Support	Juniper's immune system is highly compromised which makes her highly susceptible to illnesses that could be life threatening. All surfaces must be sterilized before and after use to include door handles, bathtub, washing machine, countertops, chairs, tables, etc.(any surface she will come into contact with). Supports must wear mask and gloves when working with Juniper. She cannot be around any person who is sick or showing signs of illness. Juniper cannot go outside when the air quality is poor. Juniper must always wear a special medical grade mask when around others and should avoid settings that has more than 10 people and no more than 5 within close proximity as she can easily pick up other people germs. Juniper's temperature must be taken/recorded every 2 hours day and night. If temp is over 100.2, her temp has to be taken every 30 minutes for the next 2 hours. If her temp remains high, her medical provider must be notified to determine if she should be taken to the hospital. Support must monitor her surrounding and people who come into the area where Juniper is and move her to another area if someone is showing signs of illness or too many people in the area. At any time, Juniper starts to cough or not feel well, she must be taken to the ER as this likely will develop into a serious health issue.
1. Inhalation or oxygen therapy	1 - Some Support	Juniper utilizes a CPAP 7 nights/week due to having sleep apnea. She is unable to use her CPAP independently so support must fill the tank and apply the cannula to her every night. Support also must check on Juniper during the night to check the hose and cannula, and adjust as needed. Support will clean the machine daily and check for any signs of wear; clean tube, filter, and cannula daily and replace monthly. Support orders all supplies every 3 months.
9. Dressing of open wound(s)	1 - Some Support	Juniper has a skin condition on her legs that require to be washed with a special solution and dressed 3 x daily. After washing her legs, they must be dried thoroughly and must have a medicated cream applied and wrapped with a special dressing. Support will monitor the legs and report any leakage. If there is leakage, Juniper's legs must be washed, dried, and have dressing re-applied.
15. Therapy services	1 - Some Support	Juniper must do her prescribed relaxation techniques 3 x daily. Support will instruct Juniper to do her relaxation techniques and monitor while doing to ensure she is doing the techniques correctly and for the prescribed amount of time. Support will provide redirection as needed as Juniper often will try to stop early or not doing the prescribed techniques.
17. Allergies	1 - Some Support	Juniper is allergic to penicillin, peanuts, and shellfish. Support must be cognizant of peanut and shellfish products, and keep Juniper away from any area or person who has these with them or recently been in contact with these products. Juniper has an Epi-pen that she always carries with her. Support must be able to use the Epi-pen when Juniper starts showing signs of exposure. Support will always monitor Juniper for any allergic triggers.
19. Other - Specify : Migraines - Juniper is prone to migraines and support must monitor for any triggers: strong smells such as perfume and smoke, not drinking enough water, and too much sun exposure. Support cannot smoke or wear perfume around or before working with Juniper. Support must encourage Juniper to drink water throughout the day and carry water with them. Juniper's direct sun exposure should be limited to one hour daily. Juniper will need to be reminded to rest and drink water when she feels the onset of a headache.	1 - Some Support	
2. Postural drainage	0 - No Support Needed	
3. Chest PT	0 - No Support Needed	

4. Suctioning	0 - No Support Needed	
5. Oral Stimulation or jaw positioning	0 - No Support Needed	
6. Tube feeding (e.g., nasogastric)	0 - No Support Needed	
7. Parenteral feeding (e.g., IV)	0 - No Support Needed	
8. Turning or positioning	0 - No Support Needed	
11. Seizure management	0 - No Support Needed	Juniper's seizure disorder is controlled with a medication regimen.
12. Dialysis	0 - No Support Needed	
13. Ostomy Care	0 - No Support Needed	
14. Lifting and/or transferring	0 - No Support Needed	
16. Hypertension	0 - No Support Needed	
18. Diabetes	0 - No Support Needed	
Total Score	7	

<b>Section 1B: Exceptional Behavioral Support Needs</b>		
<b>Item</b>	<b>Support Needed</b>	<b>Comments</b>
1. Prevention of emotional outbursts	1 - Some Support	Juniper has difficulty expressing her emotions in a healthy manner. She will stomp up/down stairs continuously, cuss, and threaten to harm others by cutting them with a knife. Support talk with her and must ask many questions to get to the underlining cause. Once the cause has been established, support talk about ways to handle the situation and provide techniques to self de-escalate. Support spends at least 2 hours every day discussing the issue(s) and ways to deal with issues that arise. It is important to give Juniper the time to express herself and help calm her down. Also, support will remind Juniper that she should let go of issues that are in the past and focus on positive things that are currently in her life. Support monitors Juniper throughout the day for signs of increasing emotions.
3. Prevention of property destruction (e.g., fire setting, breaking furniture)	1 - Some Support	Juniper will tear things off her walls and breaks electronics when she is having a "melt-down". Support monitors Juniper for signs of high emotional state and remove items or Juniper from the area. Support talks with Juniper about what the issue is and help her deal with her emotions in a positive way instead of breaking items. Juniper is redirected to listen to music when she wants to destroy property and support must be ready to act when this technique does not work.
4. Prevention of stealing	1 - Some Support	Juniper will remove items (toothpaste, soap, shampoo) from her parent s bathroom without asking. She does not understand that permission is needed to take these items. Juniper will not let her parents know she has done this or let them know when she is out of these items. To prevent this from occurring, parents will check Juniper's bathroom to see what she is out off, purchase from the store, and replenish Juniper s bathroom.
5. Prevention of self-injury	1 - Some Support	Juniper has hit herself in the mouth and split her lips causing injury. She has hit her legs causing bruising. Support monitors Juniper for these behaviors and redirects to an activity of preference and talk with her about her emotions and provide positive encouragement. Support remind Juniper of positive techniques to utilize instead of hurting herself.
11. Prevention of wandering	1 - Some Support	Juniper will walk away from the group when in the community and support must go look for her. She has some community safety skills and knows not to talk to or go with strangers. She does not play close attention to her environment and could easily get lost and/or hurt. Support monitors when in the community and redirects when Juniper is starting to navigate away from the group.
13. Other - Specify : Stalking - Juniper has been asked at 2 community locations not to return as she has shown up once a week for 3 weeks in a row making people very nervous. Support asks Juniper where she is going and reminds her not to go to see people without asking for their permission and advance notice. Supports talk with Juniper about appropriate and acceptable behaviors while in the community. Support monitors Juniper's whereabouts on the Life360 app installed on her cellphone and calls her when she is deviating from the established plan.	1 - Some Support	
2. Prevention of assaults or injuries to others	0 - No Support Needed	Although Juniper threatens to harm others, she has not done so.
6. Prevention of suicide attempts	0 - No Support Needed	Juniper has said she was going to kill herself but would never act upon. This statement was made when she was mad.
7. Prevention of pica ingestion of inedible substances	0 - No Support Needed	
8. Prevention of nonaggressive but inappropriate sexual behavior (e.g., exposes self in public, exhibitionism, inappropriate touching or gesturing)	0 - No Support Needed	

9. Prevention of sexual aggression	0 - No Support Needed	
10. Prevention of substance abuse	0 - No Support Needed	
12. Maintaining mental health treatments	0 - No Support Needed	
Total Score	6	



## Most Important To the Individual

Section 2A, Item 1:	Operating home appliances/electronics	2	3	1
Notes: Juniper enjoys watching TV/movies on streaming services and will need to be walked through how to get to a specific streaming service and how to find the movie or TV show. Support will need to provide step-by-step-directions.				
Section 2B, Item 7:	Interacting with community members	2	2	1
Notes: Juniper will need prompting to limit her questions, to stay on topic, and not to ask personal questions. At times, support will need to initiate or facilitate the conversation for Juniper. She is very social and wants to get to know people.				
Section 2C, Item 1:	Learning and using problem-solving strategies	2	2	1
Notes: Juniper will need support to work with her on solving problems that arise. She can recognize minor issues (misplaced keys, wallet, phone) but often needs others to help her with bigger problems such as having conflict with a friend, reschedule missed appointment, and understanding consequences. Support will need to work through issues with Juniper to solve the issue.				
Section 2C, Item 4:	Learning self-determination skills	2	2	1
Notes: Juniper will need lots of verbal directions with stating her goals and steps needed to work towards the goal. Support will need to roleplay with Juniper and provide additional ways to work towards her goal.				
Section 2C, Item 6:	Participating in training/educational decisions	3	0	2
Notes: Juniper can state what she wants to learn but does not have follow-through. Support will need to find different options and enroll Juniper into the class/workshop of her choice.				
Section 2C, Item 9:	Using technology for learning	2	2	2
Notes: Support will need to verbally direct Juniper through using a computer to complete her assignments on prescribed sites.				
Section 2F, Item 3:	Socializing outside the household	2	1	1
Notes: Juniper is very social and support will need to facilitate appropriate conversations and limit the number of questions she asks.				
Section 2F, Item 5:	Engaging in loving and intimate relationships	2	2	1
Notes: Support will need to model appropriateness with partner and discuss the understanding of consent. Support will need to discuss personal boundaries and ways that Juniper could be taken sexually advantage of.				

## Most Important For the Individual

Section 2A, Item 5:	Preparing food	3	3	2
Notes: Juniper is in the process of learning to cook. She can make some simple food items. Support will work with Juniper on cooking, but she will walk away leaving support to finish the cooking. Support has tried to walk Juniper through the process, but she loses interest and will not return.				
Section 2A, Item 7:	Taking care of clothes (includes laundering)	2	2	2
Notes: Support will need to give Juniper step-by-step directions or modeling with doing her laundry, folding/hanging, and putting them away.				
Section 2B, Item 1:	Getting from place to place throughout the community (transp...	1	3	1
Notes: Support will need to remind Juniper to utilize GPS when going to community settings and not to be on her phone while driving. Juniper will need reminders to focus on driving and pay attention to other cars.				
Section 2B, Item 4:	Accessing public buildings and settings	1	2	1
Notes: Support will need to remind Juniper of the room she will need to access, rules of the setting, what time the setting closes, and only be in the areas that are for everyone.				
Section 2B, Item 6:	Shopping and purchasing goods and services	3	2	2
Notes: Juniper will need support with grocery shopping: identify the items needed, create shopping list, obtain items from shelves and make the purchase. Juniper is able to make small purchases such as snacks and food from fast food places.				
Section 2D, Item 1:	Learning and using specific job skills	2	1	2
Notes: Juniper will need new employee training and will also need additional support to continue to provide verbal directions on what steps she needs to complete her assigned tasks at work. Juniper needs lots of repetition not to forget what she is supposed to do.				
Section 2D, Item 3:	Interacting with coworkers	2	2	2
Notes: Juniper is very social so she will need prompting throughout her work shift to not socialize too much and to work on completing her assigned tasks. She will also need prompting to ensure she is not asking personal questions and not talking about things that are not appropriate for work.				
Section 2D, Item 6:	Completing work-related tasks with acceptable quality	2	2	2
Notes: Juniper will need verbal prompting to complete all the steps for each task and to correct any issues that would lead to work mistakes. Juniper will need support to talk her through on using the correct materials at work.				
Section 2E, Item 3:	Avoiding health and safety hazards	2	2	1
Notes: Juniper has limited community safety skills so support will need to demonstrate proper safety skills and prompt Juniper on recognizing potentially dangerous situations. Juniper will need prompts to lock the doors and not to give out personal information.				
Section 2E, Item 5:	Learning how to access emergency services	2	1	1
Notes: Support will need prompt Juniper to call 911 in an emergency and give name, address, and details of the emergency. Also, safety drills will take place monthly.				
Section 2E, Item 8:	Maintaining emotional well-being	2	3	2
Notes: Juniper needs support with keeping her emotions stable throughout the day; she can often get too excited or anxious. She gets very upset from things that happened in the past and support will need to talk her through these issues and help her to utilize de-escalation techniques and get her to move to something that she enjoys that will help relax her.				
Section 2F, Item 7:	Communicating with others about personal needs	2	2	1
Notes: Juniper will report any personal issues to anyone. Support will need to prompt Juniper to not discuss personal issues with strangers or others who do not need to know.				

**1A Supplemental Questions**

Item	Type of Support	Frequency	Daily Support Time	Daily Support Days
Protection from infectious diseases due to immune system impairment	3 - Partial Physical Assistance	3 - At least once a day, but not once an hour	4 - 4 hours to less than 8 hours	2 - Both day and overnight hours
<p>Type of Support Notes - Support must sterilize any surface that Juniper will come into contact with, wear mask/gloves when working with Juniper. Support must monitor Juniper's surroundings and move to a different area with Juniper when other people have signs/symptoms of illness or too many people in the area. Juniper will apply her own mask but may need to be reminded to do so. Temp checks need to be completed every 2 hours. If Juniper has signs/symptoms of illness, her physician must be called.</p>				
<p>Frequency Notes - partial physical is several times throughout the day; temp checks, sterilizing surfaces, masks and gloves</p>				
<p>Daily Support Days Notes - temp checks every 2 hours day/night, sterilizing surfaces all throughout the day, masks/gloves when working with Juniper during awake hours</p>				
<p>Additional Notes - Juniper is highly susceptible to illnesses which could be life threatening. Preventative measures must be adhered to at all times.</p>				

## Supplemental Questions

1. Currently parenting and/or expecting a child?

0

2. If yes, do/does one or more of the children (18 years old or younger) currently live in the home?

0

3. Are any parenting services currently being provided by the Department for Children and Families?

0

7. Type of Support

2

8. Other 'Type of Supports' needed

no

9. Note

Juniper will need support to work with her on utilizing relaxation techniques to help her relax her mind so she she sleep. Support will also need to prompt Juniper to take her sleep gummies as needed.

10. Frequency of Support

2

11. Other 'Frequency' of supports needed

no

12. Note

This will usually happen 4 - 5 nights per week.

13. Daily Support Time

1

14. Please provide any additional information needed to fully understand the sleep pattern support needs.

## How Information from My Support Profile Can Be Used in Supports Planning Approaches

Everyone benefits from supports that allow them to take part in everyday life activities and maintain a healthy lifestyle. The Supports Intensity Scale Adult Version (SIS-A) assesses a person's pattern and intensity of support needs across life activities and exceptional medical and behavioral support need areas. The attached 'My Support Profile' summarizes information from the SIS-A that can be used in planning supports for individuals based on their support needs and the individuals' goals and interests.

Planning supports for individuals requires the collective wisdom of a Support Team that is made up of the individual receiving the services and supports, his/her parents or family members, a case manager or supports coordinator, direct support staff who work with the individual, and one or more professionals depending on the individual's support needs. The purpose of this attachment to the 'My Support Profile' is to provide answers to six questions asked frequently by the individual and his/her support team members as collectively they engage in the development, implementation, and monitoring of the individual's support planning.

### 1. How do we determine what is important to the individual and what is important for the individual?

Identifying support needs that are important to the individual is based on the individual's goals, desires, and preferences.

Identifying support needs that are important for the individual is based on:

- higher support need scores from the 'My Support Profile' in the most relevant life activity areas
- needed supports in health and safety
- interventions prescribed by a professional.

### 2. How do we focus on the whole person and the individual's quality of life?

The concept of quality of life reflects a holistic approach to an individual and includes areas that are valued by all persons.

Eight core quality of life areas reflect this holistic approach:

- |                        |                       |                           |
|------------------------|-----------------------|---------------------------|
| - Personal Development | - Self-determination  | - Interpersonal Relations |
| - Social Inclusion     | - Rights              | - Emotional Well-being    |
| - Physical Well-being  | - Material Well-being |                           |

These eight quality of life areas can be used to develop an ISP.

### 3. What are the responsibilities of support team members?

Determine what is important to and for the individual

Identify specific support strategies to address the individual's personal goals and assessed support needs

Specify a specific support objective for each support strategy and indicate who is responsible for implementing each support strategy

Implement and monitor the Individual Supports Plan

### 4. What supports can we use to enhance the individual's well-being?

Natural sources (e.g. family, friends, and community resources)

Technology-based (e.g. assistive technology, information technology, smart technology, and prosthetics)

Environment-based (e.g. environmental accommodation)

Staff directed (e.g. incentives, skills/knowledge, and positive behavior supports)

Professional services (e.g. medical, psychological, therapeutic services)

5. How does information obtained from the SIS-A relate to professional recommendations?

Professional recommendations such as those from a doctor focus on lessening the impact of the individual's disability-related condition.

SIS information focuses on the supports an individual needs in order to be more successful in everyday life activities.

Both types of information need to be a part of planning supports for individuals.

6. How do we know if the supports provided have an effect on the individual?

Informally, people will see an increased involvement of the individual in everyday life activity areas and an improvement in exceptional medical and behavioral support need areas.

Formally, people will see enhanced personal quality of life-related outcomes on one or more quality of life areas.